## Period Dignity



- P Periods are a natural part of growing up.
- E Everyone can use the Free period products.
- Respect other pupils' emotional wellbeing.
- It's OK if you feel unwell.
- O open up and talk.
- D Dignity For all is important.
- S Support each other.



## Did you know?

61% of pupils said they were aware of the term Period Dignity.

90% of pupils said having access to Free period products will reduce pupil absence.

71% of pupils said the Period Dignity Scheme has made it easier to access period products.





